

<p>Sansum Clinic 215 Pesetas Lane (805) 681-7820</p> <p>Appointment required Se requiere cita</p>	<p>SB Public Health Department 2 Locations – see below</p> <p>Appointment required Se requiere cita</p>	<p>Santa Barbara Neighborhood Clinics 3 Locations- see below (805) 963-8566</p> <p>Appointment required Se requiere cita</p>	<p>Sansum Diabetes Research Institute 2219 Bath Street (805) 682-7638 x 214</p> <p>Appointment <u>Not</u> Required No se requiere cita</p>	<p>Cottage Hospital 2 locations – see below</p> <p>Appointment required Se requiere cita</p>
<p>Diabetes Blood Sugar Control Wednesday: 5:15-6:45pm (\$10) May 25 or June 22</p> <p>Diabetes Detective Wednesday: 5:15-6:45pm (Free) May 11 & June 8</p> <p>Diabetes Basics Wednesdays: 5:15-6:45pm (\$15) (2-part) May 11 & 18 or June 8 & 15</p> <p>Insulin Support Group Thursday: 6:30-8:00pm (Free) May 5 & June 2</p> <p>Pre-Diabetes (\$10) Wed, May 4: 5:15-6:45pm Mon, June 20: Noon-1:30pm</p>	<p><u>Santa Barbara PHD</u> 345 Camino del Remedio (805) 681-5260</p> <p>Pregnancy & Diabetes El Embarazo y Diabetes Every Tuesday Los Martes 1-5:00pm</p> <p>Adult Endocrinology Endocrinología Every Wednesday Los Miércoles 1-5:00pm</p> <p>Diabetes Education Clinic Educación de Diabetes Every Wednesday Los Miércoles 8:30-12:00pm</p> <p><u>Franklin Health Center</u> Diabetes Clinic Clinica de la Diabetes Every Tuesday Los Martes 8:00am-12:00pm</p>	<p>Nutrition & Diabetes Nutrición y Diabetes</p> <p><u>Eastside</u> 915 N. Milpas Wednesdays / Miércoles: 9am-12:00 noon Tuesdays / Martes 1:30-5:00pm</p> <p><u>Westside</u> 628 W. Micheltoarena Mondays / Lunes: 1:30-5:00pm</p> <p><u>Isla Vista</u> 970 Embarcadero del Mar Fridays / Viernes: 9am-12:00pm & 1:30-5pm</p> <p><u>Pláticas en Español-Gratis</u> Group Classes in Spanish Eastside: Los Miércoles: Mar 16-Mayo 11: 6:30-7:45pm</p> <p>Isla Vista: Los Jueves: Mar 17 – Mayo 12 6:30-7:45pm</p>	<p><u>Free Nutrition & Diabetes</u> Classes</p> <p>Nutrition & Diabetes Every Thursday (Free) 12 Noon – 1pm</p> <p>Cooking with Diabetes Last Thursday of each Month with Chef Harold J. Welch: May 26 & June 30 12 Noon – 1pm (Free)</p> <p>Provided by: Santa Barbara Diabetes Initiative</p> <p>Sansum Diabetes Research Institute (805) 682-7638 ext 214 www.sansum.org</p> 	<p><u>427 W. Pueblo St., Ste. B</u> (805) 569-8240 Diabetes Education Every Tuesday & Thursday 1-4:00 pm</p> <p><u>Goleta Valley</u> Ashton Education Center Diabetes Education Classes (805) 681-6441</p> <p>English May 3 & June 7: 10:00am May 17 & June 14: 6pm May 23 & June 21: Noon</p> <p>En Español: Mayo 11 y Junio 8: 3:00pm</p> <p>In partnership with Santa Barbara Neighborhood Clinics</p> 

