

DISASTER & DIABETES

The catastrophic mudslides in Montecito, California, in January claimed the lives of 23 people, destroyed or damaged more than 500 structures, forced thousands from their homes, and left a path of destruction that irrevocably altered the Santa Barbara County coastal community.

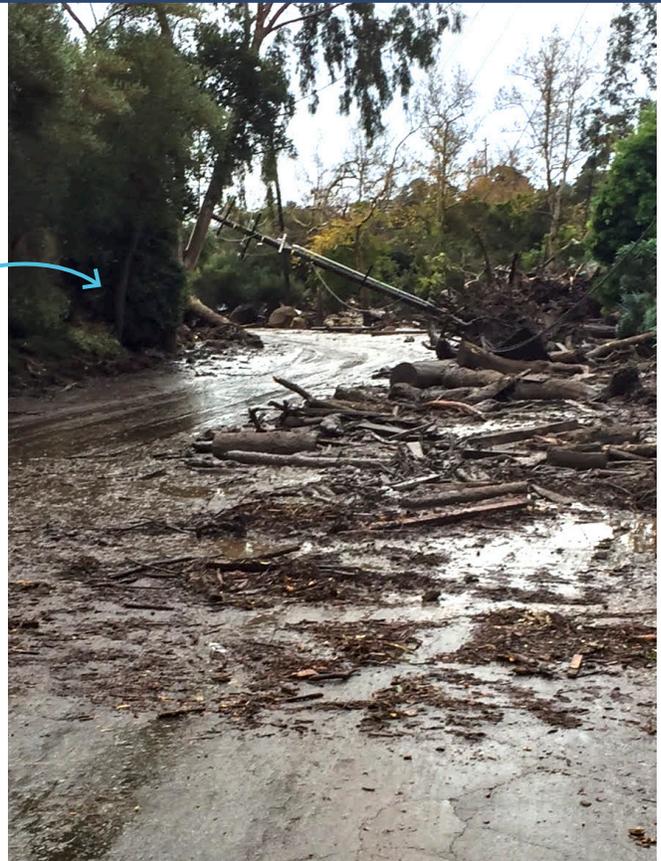


A gas line explosion witnessed by many Montecito residents in the early morning hours of January 9 also awakened Dr. Robert Nagy, a psychiatrist and a SDRI Board Trustee.

“It’s 3:30 in the morning. My wife and I heard this big explosion. The power is out. We look up and see the hillside and there’s this ball of fire. It’s huge! It has to be at least 100 feet tall and it’s pulsating and it’s pouring rain,” recalled Dr. Nagy. “We step out on our patio and we hear this horrible sound. It sounded like a big train coming out of the mountains. A lot of things are being destroyed as it’s coming down.”

The 30-square-mile debris flow missed their home by about 100 yards. By daybreak, Dr. Nagy witnessed helicopters on both sides of his house with rescuers dropping down to pick up stranded neighbors.

Dr. Nagy, and his wife, Dr. Julie Taguchi, went in search of people needing medical attention in the immediate aftermath. The National Guard soon told



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the doctors who were summoned to help to return to their homes once all the patients were transported to the hospital.

After a couple days, when the public safety exclusion zone was established, practically the entire town had to evacuate during the lengthy recovery and cleanup efforts.

Having type 1 diabetes for 50 years, Dr. Nagy had more necessities to pack than most. (His youngest son, 25-year old Andrew, who also lives with type 1 diabetes, had evacuated earlier.)

Dr. Nagy had an emergency plan and a supply box containing gloves, a crowbar, tarps, duct tape, a portable

radio with new batteries, a first aid kit and enough food and bottled water for a week.

His suggestions for people with diabetes: keep photographs of all your prescriptions and medical devices (insulin pump and cgm) on your cell phone; have doctor and device company contact information; have at least \$200 cash (“If the power goes down, credit cards aren’t going to work.”); plan for food and water in place for several days; stash extra supplies in a location away from your home; have flashlights, head lamps, extra batteries, and a propane grill.

“These are the things everyone should have, especially if you have a serious medical illness,” he said. “You better have enough stuff in case you have to be in your house for a while.”

Fellow Montecito residents, Flint and Elisabeth Ogle and their three children evacuated six times in the last several months during the Thomas Fire and the mudslides. Their youngest son, Beckett, age 7, has type 1 diabetes.

The family took no chances the night of January 8. With a major rainstorm approaching



The Nagy Taguchi Family



the same area ravaged by the largest wildfire in California history a month earlier, the Ogles checked into a nearby hotel.

“Having a child who has diabetes adds a layer of stress that is really difficult to explain,” said Elisabeth Ogle. “What if there is no electricity? What if I can’t get to a pharmacy?”

The Ogles keep a month’s worth of diabetes supplies for Beckett in a travel bag. “I make sure I have extra syringes, extra vials of insulin in the fridge ready to go with a cold pack, test strips, alcohol wipes and food,” she said.

Two days after the mudslides, not knowing how long it would be before his family would be allowed to return to their Montecito home, Flint Ogle hoped to retrieve more of his son’s diabetes supplies from their house. With the neighborhood barricaded off, Ogle successfully



DIABETES PREPAREDNESS KIT GRAB & GO

- Insulin
- Blood glucose meter & test strips
- Ketone meter & or ketone strips
- Lancing device and lancets
- Alcohol & adhesive swabs
- Tape
- Syringes (*for both MDI and pump users*)
- Insulin pen and or needles
- Insulin pump supplies
- Glucose tablets or fast acting sugar
- Glucagon kit
- Small scissors
- Waterproof tape (*if you use it*)
- First aid kit
- Frio cooling wallet
- Bottled water
- Continuous glucose monitor supplies
- Protein bars and other snacks
- Batteries
- Chargers for devices



convinced a firefighter to make an exception. That firefighter agreed to drive Flint by Jeep to his house, on the edge of the exclusion zone.

“It was a treacherous drive back there. They didn’t even know if the house was standing,” explained Elisabeth. “The firefighter came in with Flint and he had 10 minutes to grab stuff and then they left.”

The family’s street and home were untouched, but it would be three weeks before they were back in their house with utilities up and running.

“Coming home was strange; it was just horrific,” said Elisabeth. “It was so much worse than what was on the television. The expanse of the damage was unbelievable; the devastation was war-like.”

Following the tragedy, hundreds of volunteers with the Santa Barbara Bucket Brigade have shoveled mud from Montecito houses, one bucket at a time; neighbors and strangers, literally digging in to help one another.

“There’s a sense of solidarity here in California, where we know how to rise to the occasion of a natural disaster. We are in it together,” said Elisabeth.

The family, who retreated to Colorado twice during the December and January evacuations, has become more flexible and resilient because of all they have experienced in recent months.

“It’s about being prepared and having what we need, but not having it consume whatever is going on. It’s having that balance between meeting Beckett’s needs, then letting him be a normal kid and a normal family,” said Elisabeth. “Our job as parents is to model confident behavior that everything is going to be fine.”

Every family should have a plan and an emergency kit. Santa Barbara County launched a website containing a wealth of information to help: ReadySBC.org.



Beckett Ogle, Age 7, Type 1 Diabetes



The Ogle Family



**SANTA BARBARA COUNTY
READY**

MILITARY HONORS FOR DR. JORDAN PINSKER



Congratulations to Dr. Jordan Pinsker who was recognized by the United States Armed Forces twice in recent months for his outstanding service to our men and women in the military.



Dr. Pinsker leads Artificial Pancreas studies at Sansum Diabetes Research Institute. He currently holds the rank of Lieutenant Colonel in the United States Army. Since 1997, he has served in the United States Army Medical Corps, initially on active duty and then in volunteering his time to serve in the California Army National Guard. As the Division Surgeon for the 40th Infantry Division, California Army National Guard, Dr. Pinsker currently oversees the health and welfare of over 10,500 soldiers, and supervises and trains Army medical students, nurses, residents, and physicians.

In recognition of his efforts to advance military medicine, Dr. Pinsker has been inducted into the Order of Military Medical Merit, which recognizes excellence and promotes fellowship and esprit de corps among Army Medical Department personnel. Membership in the Order recognizes those individuals who have clearly demonstrated the highest standards of integrity and moral character, displayed an outstanding degree of professional competence, served in the Army Medical Department with selflessness, and have made a sustained contribution to the betterment of Army Medicine.

Dr. Pinsker was also recently awarded the Department of the Army Surgeon General's Physician Recognition Award. This award was established by the Surgeon General for US Army Medical Corps to recognize officer personnel who have made a significant contribution to military medicine in either a medical, administrative or field environment. This award recognized Dr. Pinsker's accomplishments as a physician, teacher, leader and soldier that far exceeded those of his peers.

"It has been an honor to serve in the United States Army," said Dr. Pinsker. "The Medical Corps provides excellent medical care, leads the field in performing world renowned research, and continues a long tradition of training physicians who go on to do excellent work throughout our country."

Dr. Pinsker deployed to Al Anbar Province, Iraq, as a Field Surgeon for the 601st Area Support Medical Company in 2009.

He is Director of Artificial Pancreas Technology at SDRI, currently running a series of studies evaluating fully automated insulin delivery systems in people with type 1 diabetes.



WINEMAKER DINNER SERIES BENEFITS SDRI

Several of the finest chefs and winemakers on the Central Coast are combining their talents to help Sansum Diabetes Research Institute plan a special series of winemaker dinner fundraisers throughout 2018.



In April, 95 people gathered at the inaugural Dinner with the Winemakers fundraiser at Ember restaurant in Arroyo Grande. Ember's owner/chef Brian Collins paired four delectable courses with eight different wines made by four San Luis Obispo County wineries; Ancient Peaks, Biddle Ranch Vineyard, Devlet Wines and Sinor-LaVallee. During the sold-out event, winemakers Ryan Devlet and Mike Sinor explained their approach in crafting each of their wines.

SDRI's specialist in Diabetes and Pregnancy, Dr. Kristin Castorino, and her patient, Elise Cossart-Daly, spoke at the event. Cossart-Daly lives with type 1 diabetes and recently gave birth to her first child, under the expert guidance of Dr. Castorino.

"Having my daughter has been one of the most profound, affirming, and cathartic experiences of my life," Elise said at the dinner. "I could not have done this without Dr. Castorino and the Sansum Diabetes Research Institute team.

Many thanks to Dinner with the Winemakers' generous sponsors: **Joan Gellert Sargen, Pacific Western Bank, Sierra Vista Regional Medical Center, Rabobank, Mosher Foundation, Anchor Point IT Solutions, Brownstein Hyatt Farber Schreck, LLP & Steven A. Jung, Esq.!**

SDRI's second Dinner with the Winemakers was May 17 at S.Y. Kitchen in Santa Ynez, featuring wines crafted by respected Santa Barbara County winemaker Ernst Storm of Storm Wines and Notary Public winery. The multi-course Italian meal, prepared by Chef Luca Crestanelli, was beautifully designed to complement Storm pinot noir, syrah, sauvignon blanc, and Notary Public cabernet sauvignon.

Gold medal-winning Olympic swimmer Gary Hall, Jr., who lives with type 1 diabetes, travels the world to advocate for health care initiatives and resides in the Santa Ynez Valley, was our featured speaker at the May dinner.

SDRI's next Dinner with the Winemakers is scheduled for September 27 at Wine Cask restaurant in Santa Barbara, with renowned Santa Barbara County winemaker Paul Lato pouring his high-scoring pinot noir, syrah and chardonnay. This is a rare opportunity to have access to such an esteemed winemaker known throughout the United States. In addition to his own highly regarded Paul Lato wines, he also makes an exclusive pinot noir for Wolfgang Puck's Spago Beverly Hills restaurant. Seating will be limited.

For ticket information on this special winemaker dinner series and other SDRI fundraisers, go to

www.sdrispecialevents.com.

We invite you to join us!

SDRI IS TURNING 75!

May 29, 2019, will mark the 75th anniversary of the founding of Sansum Diabetes Research Institute (SDRI) by Dr. William Sansum.

Originally named Sansum Clinic Research Foundation, the non-profit organization was built near the site where Dr. Sansum isolated and treated the first patients in the U.S. with insulin. His mission for the new organization was to “encourage, foster, promote, further and to engage in research work.”

Since its founding in 1944, SDRI has continued to be on the cutting edge of research developing the protocols for diabetes and pregnancy, conducting research on an artificial pancreas, and launching a ten-year project to dramatically reduce the burden of diabetes, heart disease, and stroke among Latino families. Additionally, we have developed several innovative programs in education and care.

As we draw closer to our 75th anniversary, you will be hearing much more about celebrations of our rich history as well as ground-breaking future projects aimed at continuing Dr. Sansum’s quest to dramatically improve the lives of those with diabetes. We hope that you will join us throughout the next year as we honor Dr. Sansum’s legacy.

Stay tuned for more information in the next issue of *Quest* and on our website, www.sansum.org, or sign up to receive our online newsletter (under Contact Us on our website).

75 Years
SANSUM DIABETES
RESEARCH INSTITUTE
1944 - 2019





NEW FREE EXERCISE RESOURCE FOR PEOPLE WITH DIABETES

This spring, Sansum Diabetes Research Institute debuted a new resource, www.ExCarbs.com, a mobile-friendly tool to help people with diabetes more safely exercise by reducing their risk of blood sugar levels going dangerously “low” or “high.”

As well as providing a wealth of information on how to prepare and participate in exercise, ExCarbs features an easy-to-use advisor, the “ExCarb and Insulin Calculator,” taking the guesswork out of preparing to work out.

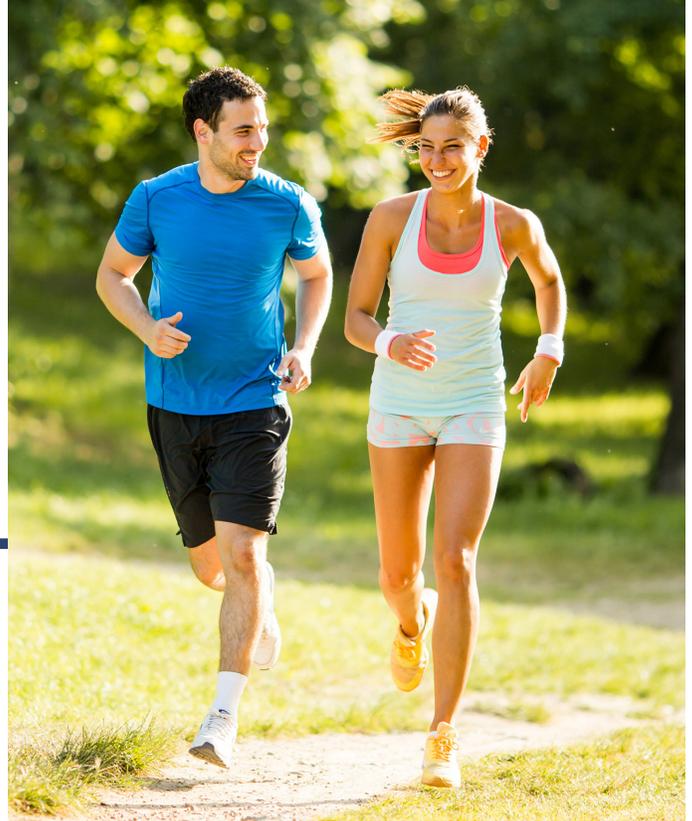


“We are trying to encourage people who are fearful of physical activity and would like to take it up, and at the same time we want to make it as simple as possible,” says Dr. David Kerr, MD FRCPE, Director of Research and

Innovation at Sansum Diabetes Research

Institute. He developed ExCarbs in collaboration with two colleagues; Dr. Helen Partridge from the United Kingdom and Dr. Michael Riddell at York University in Toronto – both world authorities in exercise and diabetes.

“Although we are all aware of the medical benefits of exercise, the reality is for people with type 1 diabetes specifically and for insulin users in general, it can be really hard to plan for and participate in exercise. If they get the dose and timing of their insulin and their carbohydrates wrong, they run the risk of severe hypoglycemia (low blood sugar), both during and after exercise,” explains Dr. Kerr.



“What we’ve found, sadly, is there’s a risk of excess weight gain with type 1 diabetes and we therefore need to try to encourage more people with the condition to take up physical activity, but the challenge is to make sure they are safe when they do this. That was the rationale for setting this up.”

The ExCarb and Insulin Calculator works by entering your weight, an estimate for the duration and intensity level of exercise, and how much insulin ordinarily is taken with a meal before starting to work out. The calculator provides guidance that can be easily discussed with a doctor or diabetes team.

SDRI is working on another version of ExCarbs, specifically for people with type 2 diabetes, which they hope to launch next year. In addition, the Institute has created another free resource for people with diabetes planning travel, (www.diabetestravel.org).

Dr. Kerr is a Scotland-trained physician and endocrinologist. He joined Sansum Diabetes Research Institute in 2014. He previously worked as a researcher at Yale University and is Fellow of the Royal College of Physicians of Edinburgh. Dr. Kerr is the 2017 recipient of the prestigious Leadership Award from the Diabetes Technology Society.

TYPE 1 CLUBS ON CAMPUS



Local college students with diabetes now have a new way to connect and support one another on campus.

SDRI's Outreach and Marketing Manager, Katie Haq, was instrumental in starting the new T1D Club at UC Santa Barbara in the fall of 2017. There are already more than two dozen active members.

The UCSB club soon partnered with the College Diabetes Network (CDN) to become a registered chapter. CDN clubs not only give students a tight-knit community, but they become a hub of expert resources, support and assistance in managing the challenging transition to independence at college. Members meet formally once a month but also meet casually, discussing and confiding in each other their struggles and challenges.

“It’s been an incredible journey forming this group alongside the student leaders,” Said Haq. “As a UCSB alumna and person living with type 1 diabetes, I would have really enjoyed having a space where I could have met other T1Ds and learned from my peers. I am

passionate about supporting those living with T1D and am thrilled to work for an organization that makes a difference in our community. I couldn’t be more excited to have a club on campus that provides resources, education and support for those impacted by diabetes.”

The UCSB T1D club’s faculty advisor is Mechanical Engineering Professor, Dr. Sumita Pennathur, who has a child living with type 1 diabetes.

In San Luis Obispo, Cal Poly’s T1D club has been around for many years. They too, recently registered with CDN. Cal Poly’s club members often assist with type 1 family events in the area and serve as mentors to older teens with type 1 diabetes.



Participants in
Dexcom G6
Studies



DEXCOM G6 TRIALS AT SDRI

Sansum Diabetes Research Institute played an important role in the newly approved Dexcom G6 integrated continuous glucose monitor system, authorized by the FDA in March.

The much improved G6 CGM does not require any fingerstick calibrations, features a smaller transmitter, an easier to use one-button insertion device, a 10-day wear time, a predictive low alert, and is no longer impacted by acetaminophen. The Dexcom G6 is due to be available in the U.S. by summer 2018.

“The ability of this device to work with different types of compatible devices gives patients the flexibility to tailor their diabetes management tools to best meet personal preferences,” said Donald St. Pierre, acting director of the Office of In Vitro Diagnostics and Radiological Health in the FDA’s Center for Devices and Radiological Health. “In addition, the FDA has taken steps to expedite the review process for similar, integrated CGMs and make these types of systems available to patients as quickly as possible while also helping to ensure their safety and reliability.”

SDRI was one of several research facilities across the nation enlisted to test different aspects of the G6.

The first Dexcom G6 trial at SDRI occurred over two months, in September and October of 2016. Donna Frase, SDRI’s Senior Clinical Research Coordinator and her team, oversaw the G6 clinical study at Sansum Diabetes.

The study included both children and adults with type 1 diabetes, participating in 6 or 10-hour clinics.

SDRI was asked to perform another phase of the trial in February 2017. Fourteen additional children participated in that phase at SDRI.

“In this area, we really have wonderful parents,” said Frase. “They drive in from the Santa Ynez Valley, Newbury Park, Ventura, and Santa Maria, and the kids love to participate,” said Frase. “The thing we’ve noticed about these kids, when it comes to getting an IV, they go in, they get it, they watch. They are just troopers! They walk back in the room. They have their iPads and their video games and they talk with each other and they play and watch Netflix. They love being with each other. It’s a chance for them to meet other kids with type 1. The adults are equally as dedicated. It’s really a great group of people and they love to participate in research!”

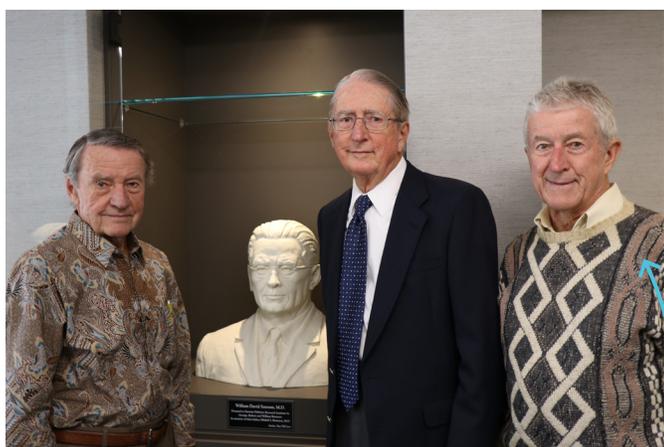
Frase's team at SDRI is currently working on seven different clinical trials, and SDRI's artificial pancreas team is working on several more.

In 2017, her team, which includes Dr. Kristin Castorino, two research assistants, and two others, completed 15 clinical studies at SDRI.

THE ALICE TWEED TUOHY LIBRARY

On April 20, Sansum Diabetes Research Institute Board President Dr. Alex DePaoli and Ellen Goodstein, Executive Director, welcomed honorees and guests to celebrate the opening of the new Alice Tweed Tuohy Library.

“The newly renovated library was made possible by a \$66,000 grant from the Alice Tweed Tuohy Foundation and a \$14,000 grant from the William Corbett Foundation,” said Dr. DePaoli.



Also honored at the reception were Board Trustees Emeriti George, William, and Robert Burtness. Their father, Dr. Hildahl Burtness, was the beloved physician who worked alongside Dr. William Sansum as his mentor. Dr. Burtness continued to carry on the extraordinary work long after Dr. Sansum's death in 1945.

“Our team was very productive and very busy last year!” said Frase. “We were busy from February through November, working almost 6 days a week. We worked a lot! We really select our studies. We choose studies that we feel are going to enhance the lives of people with diabetes.”



Dr. DePaoli thanked the Burtness brothers for their donation of a handsome one and one-quarter life-size, marble-like, bust of Dr. Sansum. This work of art by renowned American sculptor Sue DiCicco is the centerpiece of the library!

Board Trustees Ronald Fox and Sandra Tillisch Svoboda thanked Designer Susan Esmaili, and Tom Coffin, of Armstrong Associates who served as Building Project Manager, for their contributions to the renovation project.

“This beautiful new library enhances the main floor of the Institute with an updated, stylish, modern look,” said Ms. Goodstein. “Yet to complete the renovation will be an update in technology.” She invited everyone to stop by for a tour.

COMPETING IN A LONG COURSE TRIATHLON WITH T1D



*Written by Camille Andre,
Clinical Research Assistant at SDRI*

Although diagnosed with Type 1 diabetes at age 7, I have always been very active. While I've participated in several triathlons, it has always been my goal to complete a long course triathlon - a 1.5 mile swim, a 56 mile bike ride and a 13.1 mile run. After 4 years of training, I felt prepared and entered the long course triathlon at Wildflower, one of the most challenging.

My biggest concern was managing my blood sugars but I knew from years of training how my body and blood sugars reacted to intense exercise. Going into Wildflower, I was extremely cautious. The day of the race, I woke up with my blood sugar reading 200 on my continuous glucose monitor (CGM). I gave myself a small correction (about 1/2 normal) early in the morning and about 1/6 of the normal bolus for breakfast. Going into the swim my CGM read 234.



Camille Andre

I completed the swim in 30 minutes and took my time in transition to ensure I was prepared for the bike ride. For the first time in a triathlon race, I connected my insulin pump before hopping on my bike because I knew I would need some insulin over the next several hours although I kept it suspended, planning to give myself small boluses as needed. Once I reached the 40 mile mark, I would

start to become more sensitive to insulin. If my blood sugar went high and I continued giving small boluses, then my blood sugar would tank and I would go too low. If my sugar was falling rapidly by the end of the bike ride, it would be extremely difficult to recover and raise my blood sugars on the run – that's what I had to avoid at all costs.

Around mile 20 of the bike ride, my CGM read 300. Since I hadn't started falling, I knew I needed a little insulin. Being extra cautious, I gave myself only 0.5 of a unit (normal correction would've been about 2.5 units) planning to check again around mile 35.

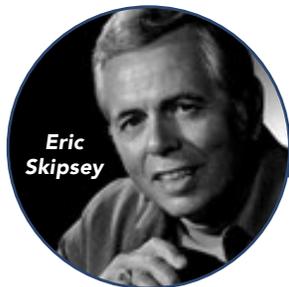
I also needed to eat something so I had one 20g GU Energy Gel (a fast acting sugar used by athletes). The next time I checked my CGM, I was 279 with an arrow slanted down. I was dropping but not too rapidly. Around mile 45, I ate a mini cliff bar, about 15 grams, before starting the half marathon. With my CGM reading 230 and still heading down, I decided to hold off on insulin. I knew how quickly running could drop my blood sugar.

I finished the bike ride with tired legs, but feeling as prepared as I could for the run. I was able to maintain a pace of 8:30-9 minute/mile and my CGM was reading 215 and still going down so I held off on the insulin again.

I was beginning to feel dehydrated so I began to alternate water and Gatorade at each aid station. My blood sugar continued to drop slowly until about mile 5 when it leveled off around 160. I decided to wait on the insulin until either my blood sugar began rising or I was 2-3 miles from the finish.

The rest of the run was steady with my blood sugar staying around 160, and, although my legs started moving more and more slowly, they kept moving! It wasn't until mile 10 that my legs were screaming to be done. I gave myself 1.5 units at that point, knowing that I was going to spike at the end of the race.

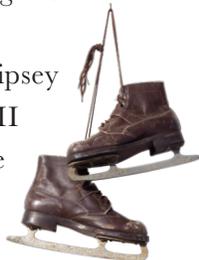
I ended up crossing the finish line in 6 hours and 5 minutes, greatly surpassing my goal of under 6 hours and 30 minutes! Completing this race was such an accomplishment for me and it was even more rewarding knowing that I could do it with type 1 diabetes. Now I'm ready for the next one!



ERIC SKIPSEY HONORS SDRI WITH BEQUEST

On January 29, Eric Skipsey, Montecito resident, distinguished photographer and longtime patient of Sansum Diabetes Research Institute, passed away at the age of 98.

Born in Canterbury, England in 1919, Skipsey was a decorated veteran of World War II and an accomplished figure skater before emigrating to Vancouver, Canada.



He moved to Los Angeles in 1956 where he operated a successful photography studio. He took portraits of the biggest stars in Hollywood at the time including Marilyn Monroe, Elizabeth Taylor, Clark Gable, Jimmy Stewart and Ronald Reagan, who Skipsey considered a friend.

Skipsey's photography portfolio was donated to the Santa Barbara Museum of Art, where he was a trustee.

Eight years ago, Skipsey taped a video testimonial for SDRI in which he said, in part, "Sansum Diabetes Research Institute is a great place to come. I'm very happy that Dr. Jovanovič was able to take me!"

Skipsey began supporting Sansum Diabetes Research Institute with donations in 1994 and continued to contribute throughout the years.

SDRI is honored that he chose to gift the Institute with a considerable bequest.

"By remembering SDRI in his will, Eric is helping us continue Dr. Sansum's quest to improve the lives of people with diabetes through ground-breaking work in research, education, and care," said Executive Director Ellen Goodstein. "We are truly grateful to Eric for providing for SDRI's future in this way."

Dr. Lois Jovanovič,
former Chief
Scientific Officer,
meeting with
Eric Skipsey.

**Celebrity photographs
taken by Eric Skipsey**



UPCOMING EVENTS

TYPE 1 DIABETES EVENTS

OneTalk Santa Barbara

May 24 at 5:30 PM
Research Update presented
by Dr. Kevin Kaiserman
4050 Calle Real, Santa Barbara

OneTalk San Luis Obispo

June 6 at 5:30 PM
Dexcom G6 Presentation
by Heather Colden
1010 Murray Ave, SLO

OneTalk Santa Barbara

June 19 at 5:30 PM
Dexcom G6 Presentation
by Heather Colden
4050 Calle Real, Santa Barbara

TYPE 2 DIABETES EVENTS

Nutrition Class – English

June 7, 21, 28 at 12:00 PM
SDRI, 2219 Bath Street,
Santa Barbara

Cooking Class – English

June 14 at 12:00 PM
SDRI, 2219 Bath Street,
Santa Barbara

Nutrition Class – Spanish

June 7, 21, 28 at 4:00 PM
SDRI, 2219 Bath Street,
Santa Barbara

Cooking Class – Spanish

June 14 at 6:00 PM
SDRI, 2219 Bath Street,
Santa Barbara

Ocho Pasos

June 4, 11, 18 at 6:30 PM
Neighborhood Clinic
970 Embarcadero Del Mar,
Isla Vista

Information Meeting

Diabetes Prevention Program

June 20 at 12:00 PM
(First class starts June 27 at 12:00 PM)
Santa Ynez YMCA
900 N. Refugio, Santa Ynez

Information Meeting

Diabetes Prevention Program

June 22 at 2:00 PM
(First class starts June 29 at 2:00 PM)
Lompoc YMCA
201 West College, Lompoc

Information Meeting – Spanish Diabetes Prevention Program

June 21 at 9:00 AM
(First class starts June 28 at 9:00 AM)
Santa Barbara YMCA
36 Hitchcock Way, Santa Barbara

Information Meeting – English Diabetes Prevention Program

June 22 at 9:00 AM
(First class starts June 29 at 9:00 AM)
Santa Barbara YMCA
36 Hitchcock Way, Santa Barbara

SAVE THE DATE

2018 Santa Barbara Studio Artists Tour Fundraiser to benefit SDRI

August 31 at 5:00 PM – Reception
September 1-3 *(Labor Day Weekend)*
10 Anapamu St., 10 West Gallery,
Santa Barbara

TypeOneNation Conference

September 23
Santa Barbara City College

Dinner with the Winemaker featuring Paul Lato

September 27
www.sdrispecialevents.com

FAMILY EVENTS



Families enjoyed an interactive program at our T1D family outreach event on April 28.



Meet Joan the Octopus! Joan is named after Joan Sargen, who is a generous sponsor for all of SDRI's T1D outreach programs!



We had a wonderful day at the Central Coast Aquarium in Avila Beach for our family outreach day. T1D families along the Central Coast were invited to enjoy the aquarium and meet with others impacted by diabetes. We had interactive programs available, and learned a bit about our sea life too!



A huge thank you to Debbie Collins who generously made this event possible!

We enjoyed a delicious dinner from the incredible Del Monte Cafe in SLO, also donated by Debbie Collins!



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A Global Leader in Diabetes Research, Education, and Care.

MESSAGE FROM THE EXECUTIVE DIRECTOR



Our community faced many challenges in December and January and the recovery will continue for months to come.

Our lead article tells the story of how two local families prepared to evacuate with the necessary supplies to manage their diabetes diagnosis. Their pre-planning, and a little help from firefighters, made a very stressful situation more manageable and we are happy to share their insights with you.

Please take a minute to read about the honors bestowed on our Director of Artificial Pancreas Technology, Dr. Jordan Pinsker, by the military; the Type 1 Diabetes groups meeting on local college

campuses, and our international collaborative project to assist those with diabetes to increase their physical activity.

And, of course, you help make all of this possible with your contributions. Whether you choose to leave a bequest to SDRI like Eric Skipsey or you support our “Dinner with the Winemakers” series or you can contribute to underwrite our research or refurbish our facilities, your support allows us to continue Dr. Sansum’s quest to improve the lives of those with diabetes and we are very grateful. If you would like additional information, please do not hesitate to contact me at egoodstein@sansum.org.

Ellen M. Goodstein