

# ONETALK

## SUPPORT GROUPS

One Talk sessions include exciting updates on and information related to type 1 diabetes. In addition, there is an opportunity for members to share their ideas, experiences and explore ways to enhance their health and lifestyle. One Talk Sessions take place in Santa Barbara and San Luis Obispo.

San Luis Obispo One Talk sessions take place from 5:30-7:00 pm at  
Sierra Vista Regional Medical Center 1010 Murray Ave., San Luis Obispo, CA

**January 23, 2019 – Sharing Session**

*Meet & Mingle with others impacted by T1D*

**February 6, 2019 – Device Night**

*Get the latest updates from local pump and CGM representatives.*

**April 16, 2019 – Sharing Session**

*Meet & Mingle with others impacted by T1D*

**May 22, 2019 – Research Update: Special Presentation by Katie DiSimone**

*Hear the latest in T1D research and innovation from Katie DiSimone, local T1D technology expert and Loop online documentation and support hero at Tidepool.*

**June 19, 2019 – Sharing Session**

*Meet & Mingle with others impacted by T1D*

To RSVP or for more information, please email Katie Haq at [khaq@sansum.org](mailto:khaq@sansum.org) or call (805) 682-7640 ext 235

